

I embrace the
beauty of
uncertainty
in life.

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My
happiness is
defined by the
present, not the
expected.


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I ***release*** the
need for
perfection in
everything.

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I find ***joy*** in
surprises and
unexpected
outcomes.

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I **trust**
that what is
meant for
me will not
miss me.

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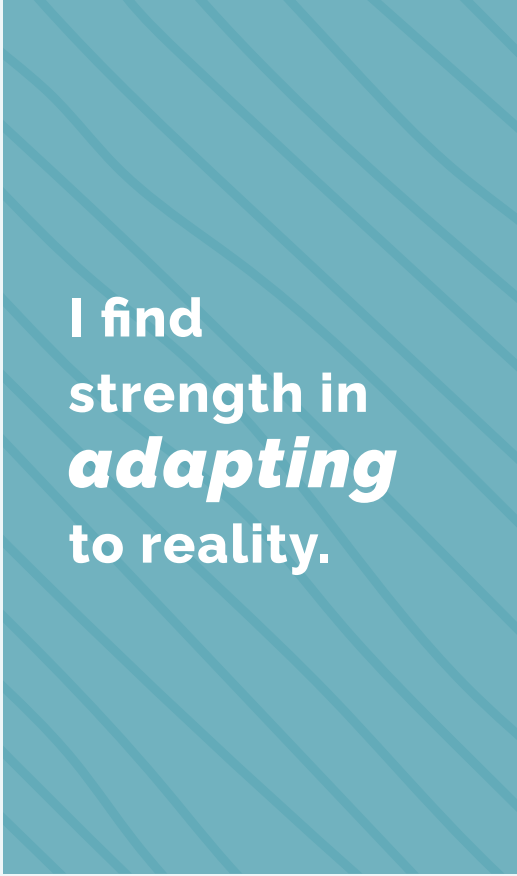
My **peace**
comes from
acceptance, not
control.

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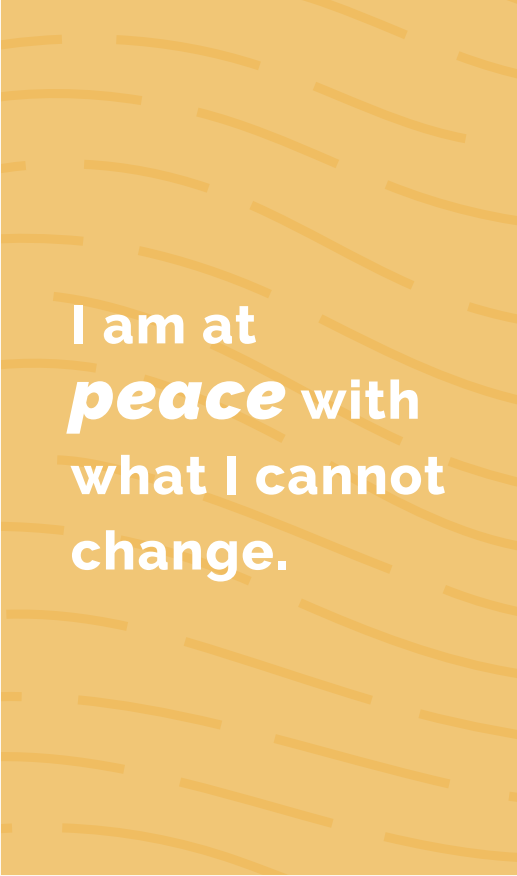
I value
effort
over
perfection.

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I find
strength in
adapting
to reality.

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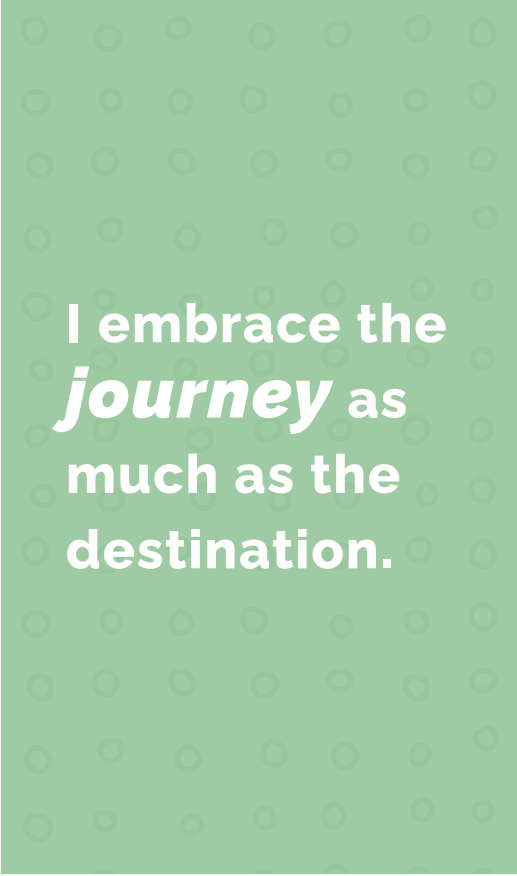
I am at
peace with
what I cannot
change.

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I approach
my goals with
realistic
optimism.

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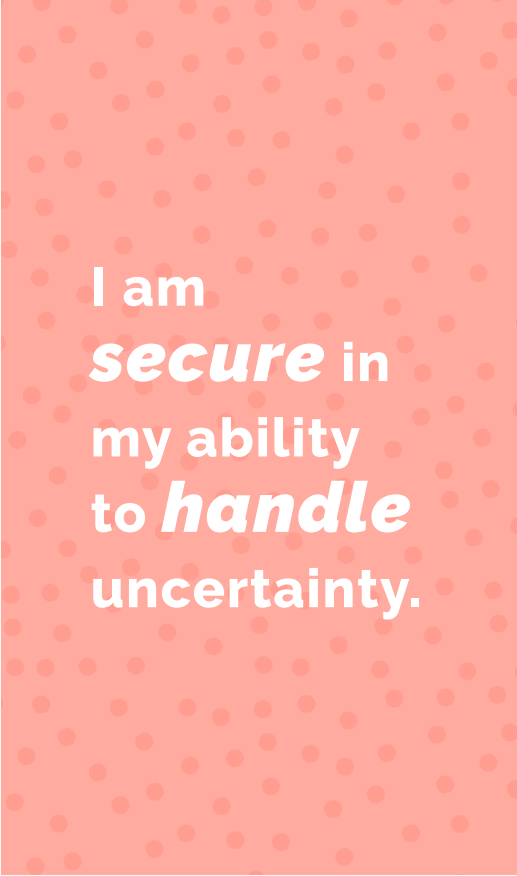
I embrace the
journey as
much as the
destination.

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I prioritize my
**mental
health** over
ideal outcomes.

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I am
secure in
my ability
to ***handle***
uncertainty.

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I ***accept*** that
good things
take time.

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I **believe**
that reality
often offers
more than my
expectations.

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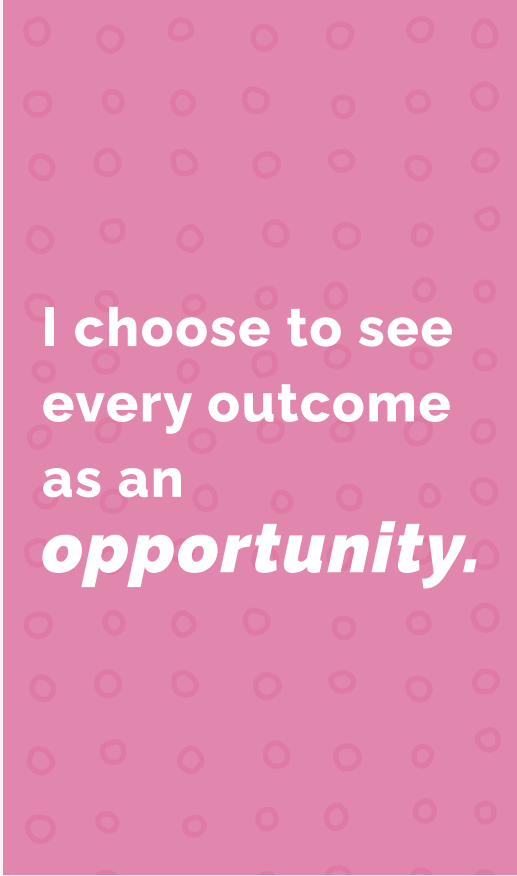
I am ***open***
to
life's twists
and turns.

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I am
not defined
by my
expectations.

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I choose to see
every outcome
as an
opportunity.

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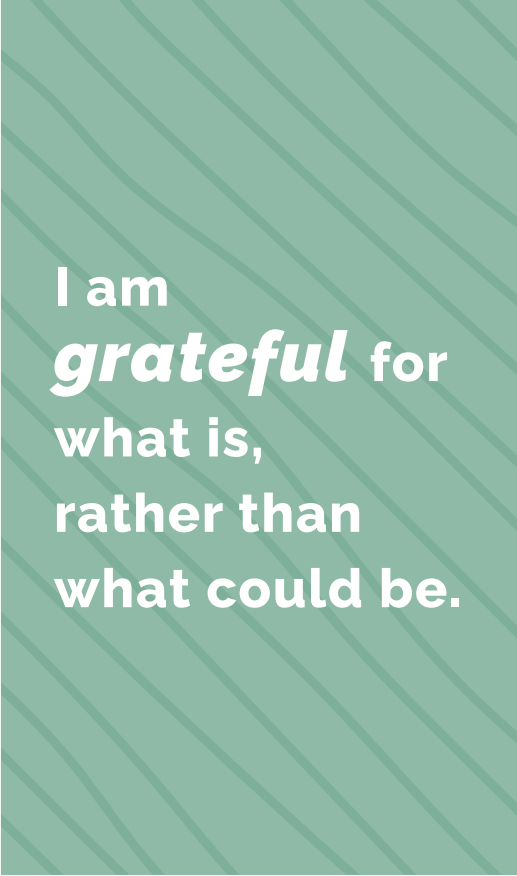
I find ***freedom***
in letting go of
fixed
expectations.

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I focus on
progress,
not
perfection.

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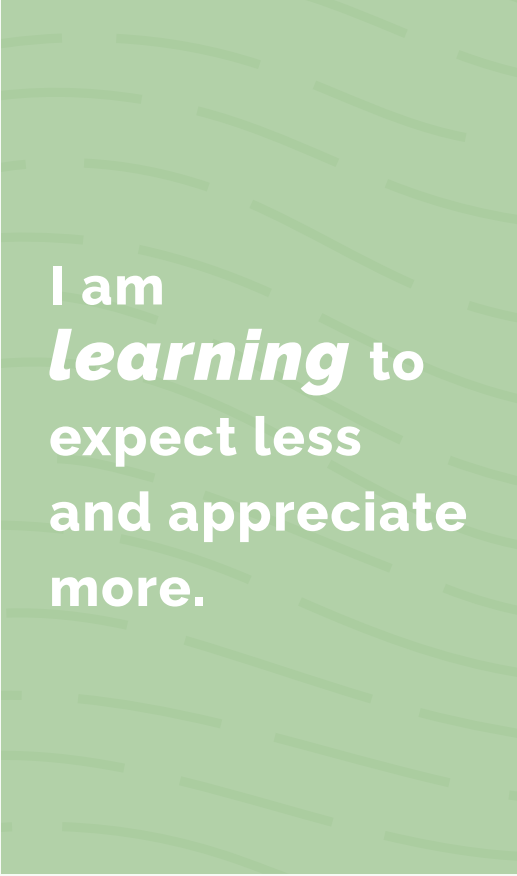
I am
grateful for
what is,
rather than
what could be.

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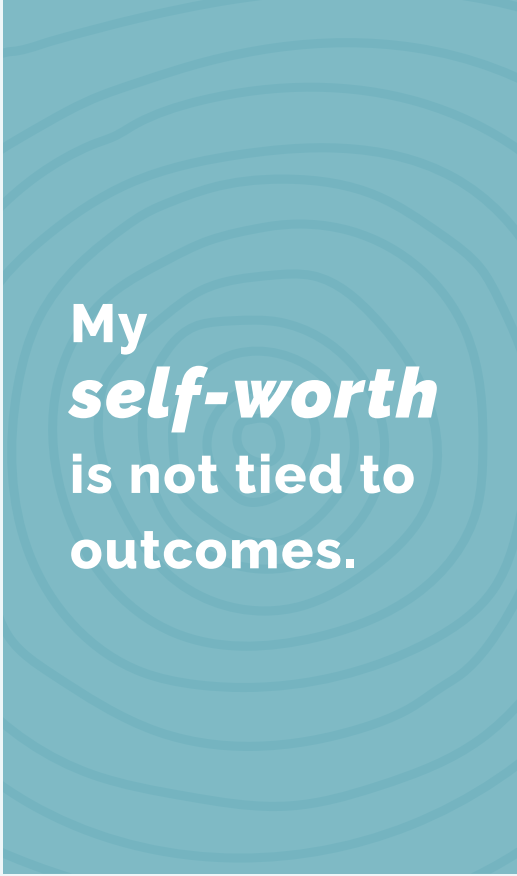
I am ***resilient***
in the face of
disappointment.

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I am
learning to
expect less
and appreciate
more.

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My
self-worth
is not tied to
outcomes.

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I celebrate
small
victories
and simple
pleasures.

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I cultivate
flexibility
in my
expectations.

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I am **kind**
to myself,
especially
when things
don't go as
planned.

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I am **patient**
with
processes and
trust in timing.

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I let go of
expectations
and open up to
possibilities.

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I am ***content***
with what I
have while
open to more.

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