

NOWRUZ MINI-FESTIVAL

WARM-UP → PLAY → REFLECT

MATERIALS (SUPER LOW-PREP)

- Paper + pencils/markers
- Nowruz Activity Bingo list, the word search, or the coloring page
- Trivia page
- Certificates (recommended: kids can show their after-school achievement to families and feel proud)

1

WARM-UP — PLAYFUL, NO “TEACHING”

3–5 MIN

Script you can read:

“We’re doing a tiny spring celebration called Nowruz. It means ‘new day.’ Lots of families celebrate it when spring starts. Ready for some quick, happy activities?”

Pick ONE quick starter:

- **Group shout (10s):** On 3, everyone says “Happy New Day!” (then try “Nowruz Mobarak!”)
- **Quick draw (60s):** On the board, draw a sun + a little sprout + a tiny table. Ask, “What do you think this festival is about?” (No right/wrong. Keep it moving.)
- **Guess in place (30s):** “If you think spring means fresh starts, do one silent jump or give a thumbs-up!”

2

PLAY — CHOOSE ONE PATH

15–45 MIN

(If kids are loving it and you have time, run them all in a row.)

Path A: Activity Bingo (high-energy)

- Hand out one Bingo card per student (or play in pairs/triads).
- Goal: 4 in a row. Set a 10–15 min timer. Light music helps.
- When someone finishes, they call “Bingo!” They can start another row, move to the next path, or help a friend.

Path B: Word Search + Doodle (calmer)

- Give each student a word search (solo or pairs).
- When finished, circle a favorite word and add a 20-second doodle.

Path C: Color & Tell (art-first)

- Hand out the coloring page.

3

REFLECT — FAST & FEEL-GOOD

3–5 MIN

Choose ONE:

- **High-five checkout:** Turn to someone and say one new thing you noticed.
- **Thumbs check:** 👍 = “I learned a little,” 👍👍 = “I learned a lot!”
- **One-word exit:** Each student says one spring word (fresh, bright, new, kind...).
- **Celebrate:** Hand out certificates and say together: “Nowruz Mobarak!”

TINY TIPS

- Sign each certificate with a short positive note (e.g., "You're great!").
- Let kids take their activity sheets and trivia page home.
- Optional bonus: run 3–5 quick trivia questions between paths.

TRIVIA QUESTIONS

WITH ANSWERS

● **What does Nowruz mean?**

A) Old day B) New day C) Big party D) Winter night

Answer: B

● **Nowruz begins when...**

A) Winter begins B) Spring begins C) School begins D) Summer begins

Answer: B

● **Which one is NOT a common Haft-Seen item?**

A) Garlic B) Apple C) Pizza D) Vinegar

Answer: C

● **On the 13th day of Nowruz, many families...**

A) Stay indoors B) Go on a picnic outdoors C) Build a snowman D) Go trick-or-treating

Answer: B

● **Painted eggs during Nowruz usually stand for...**

A) Speed B) Nighttime C) Music D) New life

Answer: D